

Health Insurance Agreement

All exchange visitors (both J-1 principals and J-2 dependents) are required to have sickness and accident and medical evacuation and repatriation insurance for the "actual duration of the exchange visitor's participation in the sponsor's exchange visitor program as recorded in SEVIS in the "Program Begin Date," and as applicable, the "Program End Date."

The Department of State has established minimum requirements for insurance that are designed to protect the exchange visitor and his or her family. Exchange visitors may wish to obtain coverage that exceeds the minimum required by the regulations.

(A) Sponsors shall require each exchange visitor to have insurance in effect which covers the exchange visitor for sickness or accident during the period of time that an exchange visitor participates in the sponsor's exchange visitor program.

Minimum coverage must include:

1. medical benefits of at least \$100,000 per accident or illness
2. repatriation of remains in the amount of \$25,000;
3. expenses associated with medical evacuation of the exchange visitor to his or her home country in the amount of \$50,000; and
4. a deductible not to exceed \$500 per accident or illness.

(B) An insurance policy secured to fulfill the requirements of this section:

1. may require a waiting period for pre-existing conditions which is reasonable as determined by current industry standards;
2. may include provision for co-insurance under the terms of which the exchange visitor may be required to pay up to 25 percent of the covered benefits per accident or illness; and
3. shall not unreasonably exclude coverage for perils inherent to the activities of the exchange program in which the exchange visitor participates.

(C) Any policy plan or contract secured to fulfill the above requirements must, at minimum, be:

1. underwritten by an insurance corporation having an A.M. Best rating of "A-" or above, an Insurance Solvency International, Ltd. (ISI) rating of "A-" or above, a Standard and Poor's Claims-paying Ability rating of "A" or above, a Weiss Research, Inc. rating of B+ or above, or such other rating service as the Agency may from time to time specify; or
2. backed by the full faith and credit of the government of the exchange visitor's home country; or
3. part of health benefits program offered on a group basis to employees or enrolled students by a designated sponsor; or
4. offered through or underwritten by a federally qualified Health Maintenance Organization (HMO) or eligible Competitive Medical Plan (CMP) as determined by the Health Care Financing Administration of the U.S. Department of Health and Human Services.

(D) Federal, state or local government agencies, state colleges and universities, and public community colleges may, if permitted by law, self-insure any or all of the above-required insurance coverage.

(E) At the request of a non-governmental sponsor of an exchange visitor program, and upon a showing that such sponsor has funds readily available and under its control sufficient to meet the requirements of this section, the Agency may permit the sponsor to self-insure or to accept full financial responsibility for such requirements.

(F) The Agency, in its sole discretion, may condition its approval of self-insurance or the acceptance of full financial responsibility by the non-governmental sponsor by requiring such sponsor to secure a payment bond in favor of the Agency guaranteeing the sponsor's obligations hereunder.

(G) An accompanying spouse or dependent of an exchange visitor is required to be covered by insurance in the same amounts [as the principal]. Sponsors shall inform exchange visitors of this requirement, in writing, in advance of the exchange visitor's arrival in the United States.

(H) An exchange visitor who willfully fails to maintain the insurance coverage set forth above while a participant in an exchange visitor program or who makes a material misrepresentation to the sponsor concerning such coverage shall be deemed to be in violation of these regulations and shall be subject to termination as a participant.

(I) A sponsor shall terminate an exchange visitor's participation in its program if the sponsor determines that the exchange visitor or any accompanying spouse or dependent willfully fails to remain in compliance with insurance requirements.

I understand that insurance coverage is mandatory for the duration of my J-1 program in the U.S. and that the policy I obtain must meet the above requirement for me and any immediate family members with me in the U.S. in J-2 status.

Please Print:

Name: _____
(First) (Middle) (Last)

Signature: _____ Date: _____ 2022